

## SENIOR DISCOUNTS

### Description

From movie tickets to cell phone plans, there are numerous discounts available to people age 50 and older. Here are some lists and articles that may be helpful.

[List from hiddenSF](#)

[Owly](#) A search engine for senior deals & discounts, events and more

[Institute on Aging List](#)

[Senior Citizen Discount List](#)

[Senior Advisor](#)

[The Senior List](#)

[Free MUNI for seniors](#). Sign up for the program

[seniordiscounts.com](#) Search by city or zip code

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### FOR THE DISABLED

[Persons With Disabilities Discounts Guide: The Ultimate List of Stores & Services](#)

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### FOOD PROGRAMS

[San Francisco Marin Food Bank](#) for a list of pantries and other food resources.

[CalFresh](#) offers Electronic Benefit Transfer (EBT) cards to low-income individuals and families to purchase food at many grocery stores.

[Project Open Hand](#) serves nutritious meals at locations across San Francisco to seniors and those with disabilities.

[Community Dining Program: San Francisco Human Services Agency](#) offers nutritious, low-cost meals to seniors aged 60 and older at numerous sites throughout the city.

[CHAMPSS](#) offers dietician-approved meals at low cost to adults 60 or older and their spouses at several restaurants in San Francisco. Sponsored by Self-Help for the Elderly and the San Francisco Department of Aging and Adult Services (DAAS).

[Kimochi](#) serves Japanese style hot lunches for adults 60 and over and their spouses or disabled non-elderly person who is a member of a household with an elderly person. It also offers a nutrition assessment and a home delivery service.

## **INTERNET ACCESS for SENIORS**

[Comcast Internet Essentials Senior Pilot](#)

[Comcast Internet Essentials for Families & People with Housing Assistance](#)

[Access from AT&T](#)

[San Francisco Low Cost Internet Options \(PDF\)](#)

## **PHONE AND COMPUTER BARGAINS**

[PCs for People](#)

[PCs for People Refurbished Laptops & Desktops](#)

[Low Cost Computer with Comcast Internet Essentials](#)

[Reviews for Best Budget Laptops 2018](#)

[Reviews for Best Budget Tablets 201](#)

## **TRANSPORTATION**

[MUNI discounts](#)

[Senior Clipper Card](#) can be used for local transit options, including Caltrain, BART, Muni, SamTrans, VTA, AC Transit, Golden Gate Transit, Golden Gate Ferry, and ferry services in the San Francisco Bay and in Oakland and Alameda.

[Shop Around Shuttle](#) â?? low-cost shuttle for grocery shopping. Registered seniors and people with disabilities get personalized assistance not available on Muni bus and rail lines.

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